

10-11-2008 (2008 = 2+0+0+8 = 10)

We Are Kuthumi and Pallas Athena, we address you on this magnificent day of 10-11-10, which is an Alchemy code, in binary form for Balancing into the Structure of Oneness.



You are experiencing the 4<sup>th</sup> plane of Existence. This plane is the most challenging part of your soul's journey between 1 and 0. We will show you why this is True. We will show you this so you have Hope and you have Wisdom and you will feel the Truth of this.

In God's Language of Supreme Love, there is Oneness and No-thingness. We translate this to you in number, which is to say, there is 1 and there is 0. One (1) is the "I" of I Am, Zero (0) is the ineffable unknown essence of God, the Supreme I AM that created everything as an expression of the One (1). It is all very simple. It is all very pure.

To put this another way: 0 is Nothingness, 1 is Being-ness and everything in between is Is-ness. Sometimes the "in-between" is called EX-Is-Tense. Nothingness, Is-ness, Being-ness, is a very important trinity concept to understand if you are a student of Existence.

Between the 1 and 0, are all numbers of creation: 2,3,4,5,6,7,8,9. That is all that is needed to create the vibration of all things in Heaven and Earth. The expansion of creation between 1 and 0 emanates geometries of light and sound. The emanation of a small part of creation is what you see and feel in your plane of existence, the Fourth Plane.

Let us do the simple math for you to see the balance of structure:

$$\begin{array}{r} \text{October } 11^{\text{th}} \text{ 2008} \\ 1+0 \quad + 1+1 \quad + 2+0+0+8 \quad = 13. \quad 1+3 = 4 \end{array}$$

$$\text{ALCHEMY} = 1+3+3+8+5+4+7 = 31^i \quad 3+1 = 4$$

$$101110. \quad 1+0+1+1+1+0=4$$

Our Beloveds, there is more, so much more, than what you now see and feel. You think you know this, but you cannot know this by “thinking”. Here is our advice<sup>ii</sup>: Read this next part slowly because it is very easy if you take it step by step. It becomes just words run together if you speed through it.

- In Truth, first, you must feel, for feeling is the first step of creation.
- After feeling, then you know it and in knowing , you think about it.  
(The “it” we are referring to is Creation, it is you or the “I” of the I AM)
- When you think you know it, you truly “know” that you “know nothing”.
- In this state of pure un-knowingness, is the Feeling of everything.
- This is the return to pure feeling essence of Creation.

On this day of 10-11-10 (4), we confirm that the Aura-Soma Equilibrium Essence #4, is seen in the Affirmation: “I am safe. I know that I know nothing.”



(note: Ronna is an advanced Aura-Soma practitioner. Aura-Soma is an energy healing modality also known as “color therapy for the soul.” According to the Masters, Aura-Soma is one of the highest vibratory healing energies on the planet. For more information, contact Ronna at [rprince32@cox.net](mailto:rprince32@cox.net))

#4 Aura-Soma Equilibrium is called the Sunlight bottle. It is yellow/gold. It is the energy of vision connected to feeling (in the solar plexus) translated to Wisdom (gold in the hara chakra plexus).

“I am safe, I know that I know nothing”. This is an **imprecise translation** of the Master Teacher vibration. “I know that I know nothing” is most often attributed to Socrates but comes from the vibration of all master teachers, including Pythagoras/Kuthumi . The true translation of the Greek words spoken (οἶδα οὐκ εἶδώς, *oída ouk eídós*) literally means **“I know as a non knowing”** . What the Wisdom Teachers are saying is this: one cannot know anything with absolute certainty IN THE MIND, but one can feel confident about things that are felt in the HEART.

As the planes shift into higher vibratory energies, you are beginning to see and feel a greater portion of the Whole Essence. The veils of unseeing and unfeeling are lifting and you are becoming Whole again.

Let us put this Creation dynamic in another way for you. There is Love (0) and there is Love Emanating (1), or Creating from 0. Love emanating is a feeling energy. Thus, the omni-Universes and the creation of them originate from feeling. We will explain this to you very simply so you may know where you are and where you are going.

0 – Love

1 – Love emanating – I AM Existing – I Am All Essence

2 – I am separating from Love emanation - I am part of All Essence

3 – I am separate and I feel Whole in connection to All Essence

4 – I am separate – I think I am not whole – I am feeling disconnected from All Essence

5 – I am reconnecting to All Essence in feeling AND thinking – I am loving all of the "I" that I AM

6 – I am reconnected to All Essence – I am serving Love Emanating

7 – I AM Love Emanating in service to All Essence

8 – I AM completing reconnection to All Essence in feeling and thinking – I Am serving All in Love

9 – I am complete and whole Spirit

10 – Love emanating Love

After feeling comes the thought energy of I AM existing. Then comes the separation consciousness of I am whole and separate at the same time. Next is I am separate and thus not-whole (unholy). After this, is a myriad of feeling-thought states that create layers of experience that you have been moving through in many planes and many lifetimes.

Where is humanity as a whole in this creation-expression? In the 4<sup>th</sup> plane of "I am separate – I think I am not whole – I am feeling disconnected from All Essence." This is why we say unequivocally to you that humanity is in the most difficult aspect of creation existence– the 4<sup>th</sup> plane, or Quadernity plane of existence. Ascension is about the movement through the spirals and fractals between 0 and 1. Some of you are living moments in the 5<sup>th</sup> Plane or Quintessence (Quint = 5, Essence = All) plane where you feel your own whole essence and feel and see the essence of all things, (LOVE) in connection to the I AM.

When your consciousness is ascending from the 4<sup>th</sup> plane, you are moving back into connection, feeling and thinking and beginning to remember to love all of the "I" that I AM. The more you embrace the connection to All Essence, which is Love, to more "time" you live in the ascension planes of Quintessence (5) and above.

Most Ascended Masters teach from the 7<sup>th</sup> and higher planes of expression. Our friends such as the Arcturians and Pleadians and others you call "ETs" or "Aliens" are assisting humanity from the 5<sup>th</sup> and 6<sup>th</sup> planes of expression. (We do not call them or you "aliens" for we Know because we Feel that we are "All-E-In" or All Energy IN the One.) Why can humanity, for the most part, not "see" All-e-Ins or Ascended Masters? Because you are still feeling that "we are not them". You see, you are still believing more in your separation and apartness, than in your connection and wholeness. You do not "think" separate, you feel separate. Do you see how Truth resides within this great clarity -- that feeling is the basis of creation, not thinking?

Thus, we will now offer to you the I AM WHOLE SPIRIT BLESSING.<sup>iii</sup> We Advise you, do not try to know this by thinking it. Know it by feeling it in your heart. When you feel separate and apart, allow this to enter your heart by non-knowing. Touch your heart, feel yourself loving all that you have been, all that you are now and all that you will ever be:

**I AM whole spirit Blessing  
I Am whole and I AM remembering One-ness  
I AM reconnecting to all Essence that I AM, Love  
I AM embracing the Eternal Light and the Holy Dark within the One.  
I AM emanating, separating, reconnecting, serving, completing.  
I AM complete and Whole.  
I AM Love emanating Love.  
I AM whole spirit Blessing.**

**Wholly Spirit, Bless the One I AM.  
Wholly Spirit, Bless the I that is Serving,  
The I that is remembering, the I that is reconnecting,  
The I that is knowing and non-knowing,  
The I that I All Essence Creating.**

**Wholly Spirit, Bless the I of Human-I-ty,  
The I that connects us all, the I that is WE  
The I that Is the I AM Whole Spirit Blessing.**

Blessings from the I of God

Kuthumi and Pallas Athena

*What we know by thinking is false.  
What we know by feeling is real.  
We know the feeling Essence of All.  
We know Love Emanating Love.  
I AM/ WE ARE LOVE.*

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<sup>i</sup> In Pythagorean numerology, a=1, b=2, c=3 etc, using the numbers 1 though 9 in sequence for all 26 letters of the English and other similar alphabets.

<sup>ii</sup> Advice, Kuthumi would like us to know, comes from the Latin root word for Vision, *visionem*, the “Act of sight, or things seen,” further derived from *ad videre*, to know, to see,

<sup>iii</sup> I AM Whole spirit blessing = 111 in numerology. This is a link into the Crystal Grids of Trinity. Please follow the link to my website for a full explanation of this important teaching;

[http://www.azlivinglight.com/archives/20080211\\_Sananda-Crystal\\_Grids.pdf](http://www.azlivinglight.com/archives/20080211_Sananda-Crystal_Grids.pdf)