

## [St. Germain-Lady Portia~on facing death with grace|Ronna Prince|Sample Channelled Reading](#)

**Intro:** I am honored to share with you a written reading I did for my cousin Randy Harris in 2006. He was 46 years old and was facing a recurrence of terminal brain cancer. My mother also died of this disease in 2002. Randy was the father of two boys age 7 and 10. He believed in the Presence of Spirit, but beyond that, wasn't sure about "spirituality". He asked me to do a session for him to help him understand the impact his death would have on his young boys. He didn't ask about himself other than to know what **more** he could do to help others before he died. This morning, he communicated with me and asked that I share his session. When I realized that he died one year ago, on 10-21-2007 and we celebrated his passing on 10-25-2007, I was flooded with gratitude for knowing this beautiful soul and for feeling the truth of what St. Germain said in his reading: "***Love never dies.***" Randy is still with me as I share this with you. Oh! He says: "I am so happy to know that God is real!" Thank you Randy. Love Ronna.

This is the full text of his reading with the Masters, followed with the other information I access first before channeling.

### **Channeling:**

We welcome you on this morning of 11-29-2006. Speaking on the topic of ***impact and contribution***, is the consciousness aspect known by many as the Masters St. Germain and Lady Portia. We represent the energetic frequencies of spiritual service, which are associated with the color violet. Many spiritual seekers who have been on the path of inner searching use the frequencies of violet for healing and integrating mind, body and spirit. Violet is the highest vibration of the visible light spectrum and creates a shift in energies that have been stagnant or blocked. We say this simply because you may find that surrounding yourself with violet images or visualizing the color violet during your treatments may be of great benefit.

The Ascended Masters are often associated with pictures so that you may have a clearer understanding of the consciousness we represent, thus we show you how we are often depicted:



St. Germain and Lady Portia

In order to address your questions about how your illness will impact your two sons and how you may minimize the impact of it in their lives, we must take a broader perspective of what you have offered to them as their father. For you know that you are much more than the experience of an illness in their lives. You are their primary caretaker, you are the one who provides them with emotional nourishing and you are the one who shows them the example of how to be a man and a father in this lifetime.

The impact you have on your sons' lives is of deep and profound significance on many levels. This you know. We understand that a large part of your anxiety about the recurrence of your illness is not on a personal level but relates to your apprehensions about the difficulties your sons will face growing up without your physical presence in their lives

The first thing we would ask you to recall is that *love never dies*. This may seem to be a sort of "catch-phrase" or adage, but we tell you in no uncertain terms that this is Truth. You will continue to have an impact on your son's lives whether or not you are in physical form. This is also Truth.

The world of spirit is much more real than most people are aware of. For example, the date this work was started for you is not a coincidence. For in the world of spirit, there is no such thing as accident or coincidence. The date this message began was 11-28-2006, exactly 4 years to the date of your Aunt Sandra's passing into the world of spirit. She is with you now, guiding and assisting you at all times. Perhaps you can allow yourself to feel the love she has for you as she stands just behind your right shoulder. She knows exactly what you are experiencing because she has walked this path. This is why she chooses to be of assistance to you at this time. Perhaps if you allow yourself to suspend your rational mind for a moment and breathe into your heart center, you will feel the presence of her spiritual guidance which is based on unconditional, unending love.

You may continue reading on if you wish, or you pause for a moment to experiment with the feelings or sensations you are having in your heart. You know how deeply your aunt listened to you, how much she cared for you, and how her highest aspiration in life was to be of service to others. This dynamic, this calling of the heart and gift of the spirit does not die, it continues on in the afterlife and creates the energy of continuation of Love. If you can allow yourself to feel and experience this for a moment, perhaps then you will know in certainty that you will continue to guide and assist your sons in many profound ways.

We would like to discuss the impact of this experience on your sons lives then, from the perspective of what they are learning from you. What they are learning from you is much different than what you learned from your father, correct? From your father in this lifetime, you learned what you did not wish to re-create with your own sons. From your father you learned about intolerance, about lack of respect for others, about the invalidation of your own feelings, wishes, desires and opinions. You learned that your father had an intense need to be "right" which prevented him from having a connection of the heart to his children. You learned many things, and at a very young age, you made a conscious choice to be different than this. You chose to orphan yourself so that you could create something far more enriching in your own life, even if it meant leaving everything behind that you knew and running away. This took a tremendous amount of courage and conviction. And in many ways, it required a deep faith in yourself and

your soul's mission and purpose here. For we will suggest that even if you were not aware of it, your soul has directed much of your path in this lifetime. This has been the path of making a different choice, of liberating yourself from your father's tyrannical authority so that you could be a different type of father. This is a profound choice of your soul, a choice that you made early in life so that you would have the capacity to raise your own sons in an environment where they were listened to, where they were loved and where they learned that to be a father is not about "being right" but about being benevolent and being composed (rather than being a raving tyrant), even in times of stress.

What then is the impact your illness will have on your two sons? As you yourself communicated in your letter to your family members several months ago, the primary impact on them is that they have had your presence, your influence and your love all of the time during their most formative years! Because of your illness and resulting limitations, you have been with them more in the last 7 years than most fathers are in an entire lifetime with their sons. You are there for them in all ways, emotionally, physically, mentally and spiritually. This is the most profound impact of all. For you have not been a tyrant, but you are a benevolent loving presence and force in their lives. You may understand that character is largely formed by age 7. **The loving presence of a father, as the most influential person in a son's life during their first 7 years, will have a lifelong impact no matter if you live to be 100 or live a few more years.** What does this mean for your character, having been largely influenced by your own father? Well, you see, **you have always been a very wise soul, and even during these formative years of your own childhood you knew deep within, "I am going to be different than my father, I am not going to behave like him and I will make a different choice in life."**

Sometimes as souls we choose to learn in a challenging way, which is to say, in opposition to what you plan to create in your life as an adult. It is a much more difficult pathway to learn from an authoritative tyrant of a father, but the lesson is learned at depth. The lesson is what you chose, very early on, and it is the reason souls are born into this reality, it is truly the only lesson and for that matter, the only "commandment" that matters:

**I will love. I choose love. I express love and I give love.**

Your own sons have no need to "run away" from home because they have chosen you as their father so that during their formative years they would be certain in the knowledge in their hearts, minds and souls that you love them unconditionally. This is the most profound impact a parent can have on a child. This is what you have gifted them with, in liberating yourself from your own father's ways, you impact the way your own sons experience their life. Love is eternal. The experience of love they have with you will impact their lives forever.

The other aspect of the life that you have created from your own courage and conviction, is that **you have received from them, the very thing that you longed for as a child: they love you. You give love and you receive love. There is nothing more important than that.**

Now, we continue on to the more practical aspects of your question of impact. Because there are both gifts and challenges which will result from your illness. The challenges are many, but *within each challenge is a gift*. One challenge is that they have seen that an adult cannot always

control things. Children usually see adults as being in supreme control of reality, and as you know, this is not the case. So while this can impact them by creating doubts and insecurities early on, they will have a more realistic view of the world as they mature. Another challenge is the fear they are facing of losing you. As you know, a fear unaddressed, can become much greater than one that is spoken of directly. You may continue to reassure them that you will be with them in the heart always. You may continue to write your stories for them to read as they continue on with their lives, and you may tell them of ways that you will watch over them, because children understand this and are not yet cynical enough to “dis-believe”.

We have already discussed the primary gifts of this situation, but *there are also secondary gifts they receive watching you manage through your personal challenges: **they learn to see you as strong and they learn to see you, their father, as being vulnerable*** and needing assistance from others. This is a gift. Many young boys see only the side of “perceived” invincibility from their fathers. This gives them an unrealistic perception of what it is to be a human being. All human beings have needs, vulnerabilities, and areas of weaknesses, no matter what challenges they face. For your sons to see that you are both strong and weak, courageous and at times, fearful and doubting, is to see what it means to be a real person.

They also have the gift of seeing other people in your community cooperate to help you and your family manage through the limitations you have. This is also a profound gift. For they are learning by example what you have also known and lived in your heart all of your adult life: **it is important to give back, to contribute and help others when one can.** This is the definition of benevolence, a primary quality of your soul. This has been your experience as you served as a role model for the young man you were involved with for years as a “big brother”. You live this. You have done this. And **this is the example of living love. This is what your sons see: it is as important to give as it is to receive.**

From you, they also learn the lesson of humor and positive attitude, of how to make the best of a situation that is difficult, and of how through one’s attitude, a person can continue to experience fun, lightheartedness and joy. For many people in your situation enter into negativity, blame and victimhood. This has not been your way, and as an example, it is a very powerful, impactful message that you send to your sons. You also teach them that an adult does not always have all the answers, that there are many things we simply cannot understand in this world and that the only real choice we have is in our attitudes and in the way we conduct our lives. **“I don’t know why this is happening, but I choose to make the best of it.”** This is a very powerful lesson and will impact them throughout their lives.

The major contribution that you ARE making now, is in the way you positively impact many other people. This goes beyond your own family, and includes the people in your community. When you share your life with others, you make a positive impact. Your work with your service animal is the area where you continue to contribute to others. **You raise awareness of how animals can serve humans, and you are already brightening the days of disabled children when you bring your dog into their presence.** You may expand this circle if you so choose, by visiting rehabilitation centers where people are learning to cope with brain damage. Or in hospitals where people are learning to cope with epilepsy or other seizure disorders. Or in group homes for autistic children, or in elder care facilities such as people with Alzheimer’s. The

possibilities are many. These are all places where people resonate with the unconditional love and affection of animals. We understand that this requires that others assist you in getting to and from these places, but perhaps by volunteering your services to visit others, you will find people more than willing to drive you to and from so that you may share the gifts you have to offer: strength, courage, your work with your dog which will benefit others, and the love you offer simply by being present.

We give thanks for the honor of working with your soul. You are a being of great benevolence and conviction and above all, a father who offers the most important gift of all to his sons: unconditional love.

You are blessed and held by many in the realms of spirit, and honored and respected by many in the human realms. What you give, so shall you receive.

For the greatest good of all concerned.  
Peace to you as you continue your journey,  
The Masters St. Germain and Lady Portia

(The following part is information I access before channeling – it is a dynamic energy clearing process that works on many layers and levels):

*Before I consult the masters, I use the SRT technique (Spiritual Research) to determine what your soul is ready to release, heal and replace with Love. This process works with my high self and your high self in conscious co-creation. Many of the things listed in relation to the following charts will be discussed in the channeled part of your reading. Don't get tied up in trying to understand it at this point. Just take it in.*

(About SRT: Spiritual Response Therapy (SRT) is a meticulous process of researching the subconscious mind and the soul records of a person to discover and release blocks to health, happiness and spiritual growth that have been hidden from the conscious mind for hundreds or perhaps thousands of lifetimes. SRT is NOT coming from the certified counselor but from higher levels of Spirit. Once identified, the discordant energies are removed and replaced with positive energies, usually bringing about the desired changes in a person's life. SRT is done remotely, so can be accessed through this written format for release of the negative energies that hold us back from our greatest good.)

Chart 2: Soul Qualities, Themes and Challenges:

Soul Qualities: Composure and Benevolence

Themes: Personal Integrity

Challenges: Health, Fitness

**com·po·sure**

*-noun*

serene, self-controlled state of mind; calmness; tranquility:

**be·nev·o·lence**

*-noun*

1. desire to do good to others; goodwill; charitableness: *to be filled with benevolence toward*

*one's fellow creatures.*

2. an act of kindness; a charitable gift.
3. *English History.* a forced contribution to the sovereign.

Chart 5: 8 energies cleared. Negative motivations: power/manipulation and responsibility. Power and manipulation are factors that were operating within your family structure, both family of origin and now, carried into your own family. Responsibility is a negative motivation only when you overdo it. This means that you take responsibility for things that are not your fault.

Chart 6A: Master Programs, discordant energy: These are energies that you carry at the cellular level of your being. In the work I do, the belief is that we have lived many lifetimes before and the soul reincarnates to work through lessons and challenges that were not completed in other lifetimes. When I “see” these energies, many of them pertain to an origin in a past life. The negative energies are ones that continue to create difficulties in your current life. The idea is that they “resonate” within you and are largely unconscious. When we bring them to light, the purpose is to clear energies which no longer serve your greatest good – so that your life today can be about today and the now, vs. trying to repair something that happened in the distant past. This can also be true of clearing energies from your childhood experience. The belief is that energy does not “die”, it continues on and energy is present in emotion as well as cellular life. This process is aimed at clearing the negative programs so that you can deal clearly with today from a position of consciousness.

These are the patterns I found in your energy signature:  
Escapism, depression, child abuse (this refers to abuse in your own past..), illness, hate of men, guilt, frustration, fatigue, fear, anger, and unforgiveness.

These energies were healed, cleared and replaced with love.

Chart 6B: Blocks to positive expression: These are blocks which occur as a result of the negative patterns. The idea is that it is our divine right to experience all aspects of positive expression. But when we have difficult or traumatic experiences and end up judging, blaming or not forgiving at a deep level, we then create blocks to the full expression of Divine Love.

There are the blocks I found to your positive expression:

Love of women, optimism, self forgiveness, self-preservation, faith, forgiveness, understanding, health.

These energies were healed, cleared and replaced with love.

Chart 7: Direct healing processes: your guides are showing me two things: psychic surgery and raising your physical and auric vibrations. If you are interested in this, let me know and I will see if I can recommend a practitioner in your area. This definitely gets into the realm of energetic healing, which may not be within your belief system. I am just reporting on what your guides are showing me.

Chart 13: Programs before creation: imprint of cellular damage. These energies were healed, cleared and replaced with love.

Chart 8: Inner Archetypes: Archetypes are only a problem if they are in conflict or are creating unconscious or subconscious motivations which are not in our greatest good. We all operate from archetypal energies and once we become conscious of this, we can accelerate our process to the highest expression of the archetypes.

The Critical Parent Archetype is still operative in your consciousness. This usually shows up as self-criticism such as “I’m lazy”, “I’m not smart enough”, “I don’t try hard enough”, “It’s all my fault.” This is the energy of subconsciously accepting what your parents told you as a child. In order to clear those subconscious messages, one has to be willing to release the negative self-talk and enter in to acceptance of who we are in the moment of now.

Chart 8C: Hero Archetypes: Orphan. The orphan archetype is still active within your energy field.

I highly recommend the book: “Awakening the Heroes Within”, by Carol Pearson. This is a transformative book and is helpful in understanding your inner archetypes, and especially, turning the orphan into a high-level functioning archetype. From Pearson’s work, here are the qualities of the Orphan archetype:

- ❖ Goal: regain safety
- ❖ Fear: exploitation, victimization
- ❖ Response to Dragon/Problem: powerlessness, wish for rescue, cynical compliance
- ❖ Task: Process pain and disillusionment fully and be open to receive help from others
- ❖ Gift: Interdependence, empathy, realism.

Here are Levels of the Innocent:

- ❖ Shadow: Cynicism, using the victim role to manipulate the environment
- ❖ Call: Abandonment, betrayal, disillusionment
- ❖ Level One: Learning to acknowledge the truth of one’s plight and feel pain, abandonment, victimization, powerlessness and lost of faith in people and institutions in authority
- ❖ Level Two: Accepting the need for help being willing to be rescued and aided by others
- ❖ Level Three: Replacing dependence on authorities with interdependence with others who held each other; developing realistic expectations.

Excerpts about the Orphan archetype: “Children who are emotionally orphaned are not cherished, nurtured or guided and do not feel emotionally or physically safe. ... having lost faith in authorities or in God, the orphan often reaches deep within to a place of desperate courage to leave the situation that could kill their spirit.”

“The gift of the orphan archetype is a freedom from dependence, a form of interdependence and self-reliance. We no longer rely on external authority figures, but rather learn to help ourselves and one another.”

Chart 4: Programs, cast of characters. Inheritance, past life. There are many layers of meaning I could go into in explaining this chart. The main thing I am being shown is that one of your primary goals as a soul in this lifetime is to break the inherited pattern of the “authoritative tyrant” relationship between father and son.

Chart 31: Memory Clearing. This is the final chart. I am receiving confirmation that your soul is showing me the “root cause” of your issues and challenges. These related to the archetype of authoritative tyrant and your process of orphaning yourself in order to escape that pattern and to create a different reality for you and your sons and all generations that come after.

Now I’m going to do the part where I “channel” which means that I put aside my ordinary consciousness and access spiritual consciousness through an energy referred to as the “Ascended Masters”. This is essentially an aspect of the Divine Mind. It exists within all of us. I have been in contact with this type of consciousness since age 13 and have been honing this ability to hear the “voice within” for many years. When I do this work, it often comes through as a group of beings, so I use the term “we”. Also, as I tell people before I do this, only accept what is true for you. I don’t have any special powers or talents. I simply offer what I hear as my service to you and if it doesn’t ring true, simply chalk it up to an “interesting experience.”

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